Post-Care Instructions

Skin Boosters

[Rejuran, PDRN, Lizne, Juvelook Skin, SKINVIVE, Lilied M, Hilo Wave, Belotero Revive, Fillmed Injection, Mulgwang Injection, Flavecell, ASCE+ Exosome, Stem Cell Injection]

- Small bumps (embossing) at the injection sites are normal – especially with Rejuran. These typically resolve within 3–6 days.
- Temporary flaking or breakouts may occur but will subside on their own – please avoid touching or picking at the skin.
- Bruising, swelling, and tenderness may last 1–2 weeks.
  Do not rub, press, or apply pressure to the treated area.
- Results begin to show gradually 7–14 days post-treatment as the skin feels more hydrated and clearer.
- Drink plenty of water and apply moisturizer and sunscreen diligently.
- Please avoid cleansing, makeup, and shaving on the day of your procedure. If cleansing is necessary, do so in the evening using only water with light patting motions.
- Avoid cold compresses, saunas, and baths for 1 week.
- Avoid strenuous exercise for 3–4 days.
- Avoid alcohol and smoking for 7 days.
- For optimal results, a series of 3–5 sessions spaced 2–3 weeks apart is recommended.
- Avoid scrubs and products with active ingredients (Retinol, Vitamin C, AHA/BHA) for 1 week.

For any other concerns, contact us via WA or DM on Instagram.

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